

8 Ways to Support Charities On a Budget



1

Give Blood

Most people between 18-65 can donate blood. And every donation can save three lives!

2

Clean Out Your Pantry

Take all the nonperishable food you won't eat and box it up for a local food bank.



3

Get a Haircut

Some charities collect human hair for wigs to assist cancer patients.



4

Volunteer Your Time

Most charities rely on the work of volunteers to keep their good work going. Ask how you can help.



5

Clean Out Your Closet

Sort out anything in your closet that you haven't worn in over 12 months and donate it!



7



Adopt a Pet

If your family is looking for a new pet to love, why not look at adopting rather than shopping?

8



Hone Your Craft

Use your knitting skills to make beanies and booties for babies or blankets for the homeless.